



360cycling Northwest Junior national series race, Lazonby, Penrith 24th September 2023

Welcome to the race and thank you for your entry. If this manual hasn't already been forwarded to your team manager please do so.

The race is 7 laps of the Lazonby course which is 16km long. There is a neutralised start from HQ which is 5.4km from the course.

Sign on and HQ

Low Hesket Village Hall, Southwaite Rd, Low Hesket, Carlisle CA4 0ES

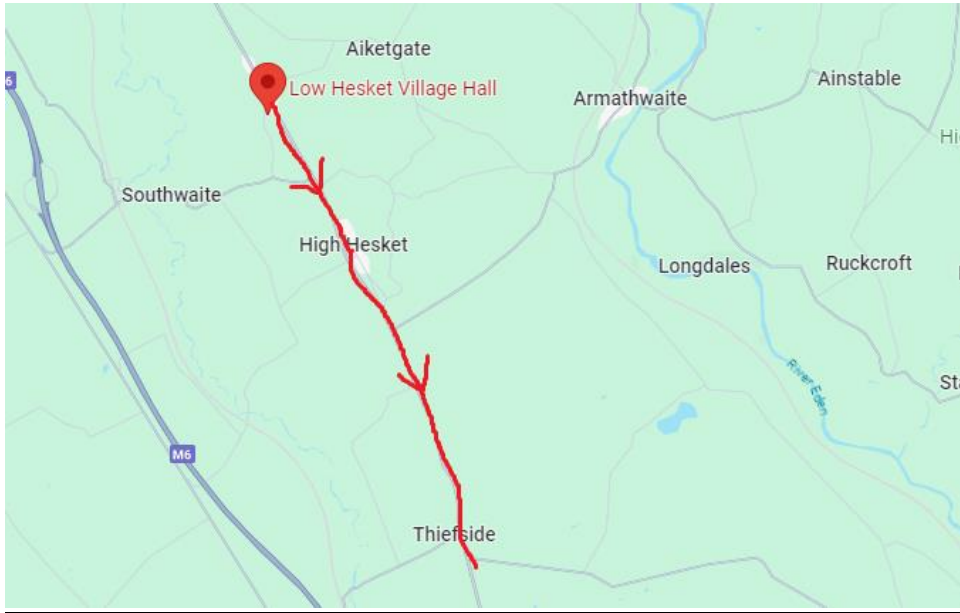
Sign on will be open from 11am – 12.15pm.

Officials list

Organiser	Caroline Hereward 07519928470
Chief Commissaire	Jon Taylor
Assistant Commissaire	Alan Gornall
Assistant Commissaire	TBC
Moto Commissaire	Mal Dixon
Moto Commissaire	Dave Greatorex
Moto assistance	Provided by the national escort group
Accredited marshals coordinator	Clive Chadderton
First Aid	Northwest Event First Aid
Judging team	Caroline Hereward/ Joe Cadwallader
Lead Car 1	Dan Connor
Lead Car 2	Alan Roper
Drivers	Nathan Hughes, Pete Wilson,



Route from HQ



Race Route





The race will be held under the British Cycling technical regulations. Please take note that feeding in the feed zone will not be permitted in the first or last lap and feeding from team cars will not be permitted in the first 30km or last 20 km.

Do not discard anything during the race unless it is in the official feed/litter zone.

All supporters/Spectators are asked to park in a way that respects local residents. Not following this request puts this and other events at risk.

Meetings

There will be an officials meeting at 11.30am with commissaires, Moto and NEG, First Aid and drivers.

There will be a team managers meeting at 12pm all team managers and their mechanics are required to attend.

There will be a rider briefing at 12.30pm

The race will leave HQ at 1pm and is neutralised until we enter the course.

Time cut

The race is laps of a course if you are 10mins behind the race convoy at any point you will be asked to retire at the lap line. Please follow the instructions this is for your safety and that of all the volunteers involved.

Please always remember that everyone you encounter during the sign on and race are volunteers and deserve respect.



Hospital

Penrith Hospital - Bridge Ln, Penrith CA11 8HX – 20km from HQ

M6 northbound

Please note there are bridge works between Junction 23 and 33 on the M6 northbound carriageway. Please allow time on your journey.