



**NATIONAL JUNIOR
MEN'S SERIES**
ROAD



**JUNIOR GIRLS AND
U23 WOMENS**
ROAD SERIES

360CYCLING JUNIOR AND U23 NORTHWEST TOUR 2022

Saturday 4th and Sunday 5th June 2022

The event is to be held under British Cycling Technical Regulations and the National Series Regulations for Junior Men and Junior/U23 Women.





Welcome to the event. This document contains important information please read it carefully. The event takes part over the 4th and 5th June 2022.

Please remember all these events are organised and ran by volunteers who give up their time and expertise. Please pass on your appreciation.

Please also pass on your thanks to our sponsor 360cycling. Without their continued support this and many other events would not be viable

A note from our sponsors

360cycling was established in 2021 but its roots go back way further...

Following on from many years of racing and coaching athletes to be successful at the highest youth levels, the founding members of 360 came together with a common vision of trying to help local athletes reach their full potential. We wanted to achieve this through coaching and through passing on our experience and knowledge in cycling and racing. We quickly established a core group of coached athletes who were seeing some significant performance gains and word was starting to spread fast. At the same time we were helping young children to take their first steps into the world of cycling and establishing a pathway into competitive cycling.

Why the name?

Our vision is to provide the best coaching, clothing, advice, products and events to help fully maximize potential and performance. The name 360 signifies this all encompassing vision and ethos.

360cycling now have a well established successful and growing coaching section with a strong youth and adult contingent who compete at various disciplines and various levels. Disciplines include cyclo-cross, road racing, closed circuit racing, TT and even Ultra marathon running.

We love to pass on our extensive product knowledge and we only supply products that we believe in and would use ourselves. We sell a full range of cycling related products including nutrition, clothing and accessories which include brands such as Wahoo and Favero.

Our 360cycling clothing range is some of the best available on the market in both design and performance. Utilising the latest technologies, our garments are all tested to out perform at the highest levels, giving a competitive advantage without compromising style or comfort.

Our coaching is not limited to people who are interested in competitive cycling, we also coach runners and help individuals who are interested purely in weight loss / general fitness.

We host our own group rides for our athletes both virtual and real life and also support local events such as the 360cycling North West Youth Tour, 360cycling North West Junior tour and the 360cycling Oulton Park cycling Festival.



Event officials

Organiser Caroline Hereward 07519928470

Commissaire Teams	Junior Men
Chief commissaire	Hendrik Nahler
Commissaire 2	Rob Finegan
Commissaire 3	Keving Brown
Moto commissaire	Malcolm Dixon
	Junior Women
Chief commissaire	Len Woffindin
Commissaire 2	Phil Makinson
Commissaire 3	Trevor Jones
Moto commissaire	Dave Greatorex
Judging Team	
Chief judge	Peter Deary
Assistant judge	Alan Gornall
Assistant judge	
TT time keepers	Peter Briscow
	Andrea David Heywood
First Aid	Central Ambulance
	St Johns
Timing	Eventrex
Sign on	Helen Bardsley
Accredited Marshals	Rob Pickering
Red Flag Marshals	

Event timetable

	Men	Women
Saturday	Edisford Bridge	
Stage 1 (TT)		
Sign-on	08:00 – 09:15	09:30 – 10:45
Start	09:30	11:00
Stage 2		
Sign-on	12:30 – 13:30	15:00 – 16:00
Podium (stage 1)	13:40	16:05
Rider briefing	13:45	16:15
Start	14:00	16:30
Finish	~15:40	~18:00
Sunday	Garstang	
Stage 3		
Sign-on	08:30 – 09:30	12:30 – 13:30
Podium (stage 2)	09:40	13:35
Rider briefing	09:45	13:45
Start	10:00	14:00
Finish	~12:15	~15:45
Podium	12:45	16:15

Leader's jerseys will be awarded alongside prize money at the above presentations. If you do not present yourself to the prize giving within 10 minutes you may forfeit your prize.

The rider briefing times also apply to team managers.

Officials and volunteer meetings

Event HQ	Officials, Judges, Timekeepers	Marshals
Stage 1	8.00	8.30
Stage 2 Mens	12.30	12.30
Stage 2 Womens	15.00	12.30
Stage 3 Mens	8.30	9.00
Stage 3 Womens	12.30	9.00

Event regulations

The event is run under British Cycling Technical Regulations, the National Series Regulations for Junior Men and Junior/U23 Women, and the event-specific regulations outlined below:

1. Bikes and equipment

You must use the same bike for all 3 stages. TT bikes, handlebar extensions and other aero equipment are not permitted. Bike changes are not allowed. Clothing must be that registered with British Cycling for the team or club you are representing for all 3 stages. The same helmet must be worn for each stage.

2. Sign-on

Riders have to sign on prior to each stage.

3. Gear check

Junior Men and Women's gears will be checked immediately before the TT at the start line. Riders must present their bikes 10 min before their individual start time. Gears will also be checked for the first 5 across the line in Stage 2 and 3 and any random riders selected. Gears must roll back to a maximum of 7.93m.

4. Individual general classification

The individual general classification is awarded based on the cumulative stage times of a rider including time bonuses and time penalties. In the event of a tie the fractions of a second recorded in the individual time trial shall be added back into the total time to decide the order. If the result is still tied, the placings obtained in each stage shall be added to decide the order. As a last resort, the place obtained in the last stage ridden shall define the order. The leader in the individual GC must wear the leader's jersey.

5. Time bonuses

Bonus seconds will be awarded to the first 5 placed in stages 2 and 3

1 st	10 seconds
2 nd	7 seconds
3 rd	5 seconds
4 th	3 seconds
5 th	1 second

6. Stage time cut-offs

Riders who are lapped or 10 minutes behind the peloton (this may be increased at the discretion of the judging team) may be removed from the race by the judging team. In this instance the rider will be given a time based on their finish time plus the slowest rider's lap time to complete the whole distance plus 60 seconds. Riders who do not complete a stage due to their own decision, mechanical or crash are not permitted to start the next stage.

7. 3km rule

On stage 2 only, the 3km rule applies. Riders who suffer a mechanical or are involved in a crash within the last 3km of the stage, will be credited with the finishing time of the group they were riding with at the time of the incident.

8. Team cars

The race takes place on open roads and team cars are not permitted. Cars affiliated to riders must not follow the race or riders on any of the stages.

9. Service and neutral service

Service will be provided by two neutral service cars on the road stages. Stationary neutral service is available on the time-trial stage. Riders are strongly encouraged to provide spare wheels for neutral service.

10. Feeding

No feeding in the first 30 km or last 20 Km:

Men: Stage 2 feeding on lap 3 only; Stage 3 no feeding on last lap.

Women: No feeding on either stage

Officials may change the feeding depending on weather conditions.

Feeding to take place on the left only and in the specified feed zones (just after the finish line on both stages). Riders are required to retain litter.



Stage Information

Stage 1: Time trial, Bashall Eaves short circuit
Men and Women: 6.1 km (1 lap)

Stage 2: Road, Bashall Eaves long circuit
Men: 69.2km (4 laps)
Women: 51.9 km (3 laps)

Stage 3: Road, Oakenclough
Men: 77.9km (4.5laps)
Women: 59km (3.5 laps)

Stage 1 Time trial on Bashall Short course

Address

Address for HQ is Edisford Bridge, Primary School, Clitheroe, BB7 2LN

What 3 words [///mistress.glance.doghouse](#)

There is a limited amount of parking at the School and also a pay and display car park 100 meters past the school on the left. What 3 words [///fights.underline.optimally](#)

The course runs anti clockwise.

Please see the map for directions on how to get to and from HQ and the map on how to get around the course to the start line. The red arrows indicate how to get to the start the green arrows indicate how to get back to HQ.

It is very important that you follow the correct direction. Riders not following the correct direction to and from the start will be liable for a time penalty

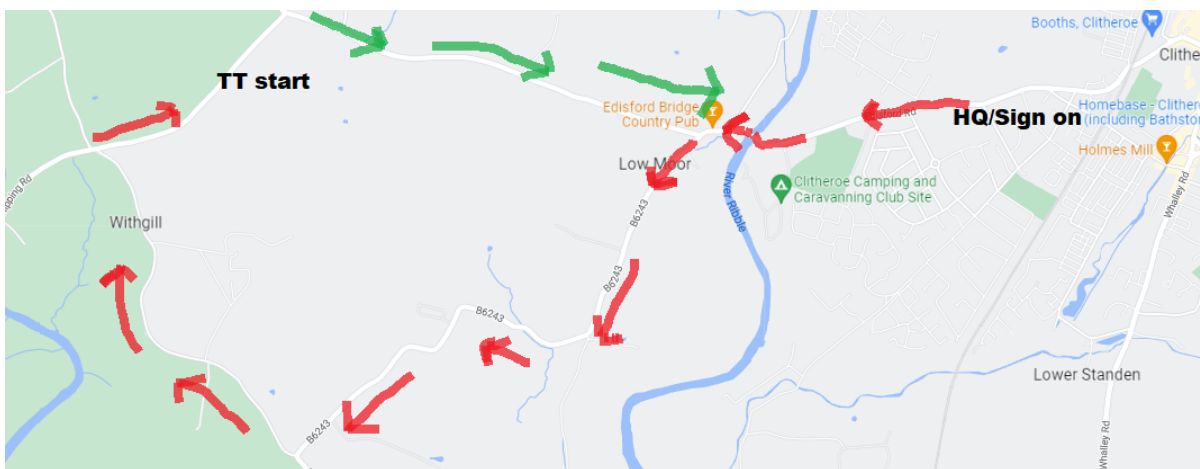
There is no parking in the start/finish areas of any stage for spectators or support vehicles.



Route for TT



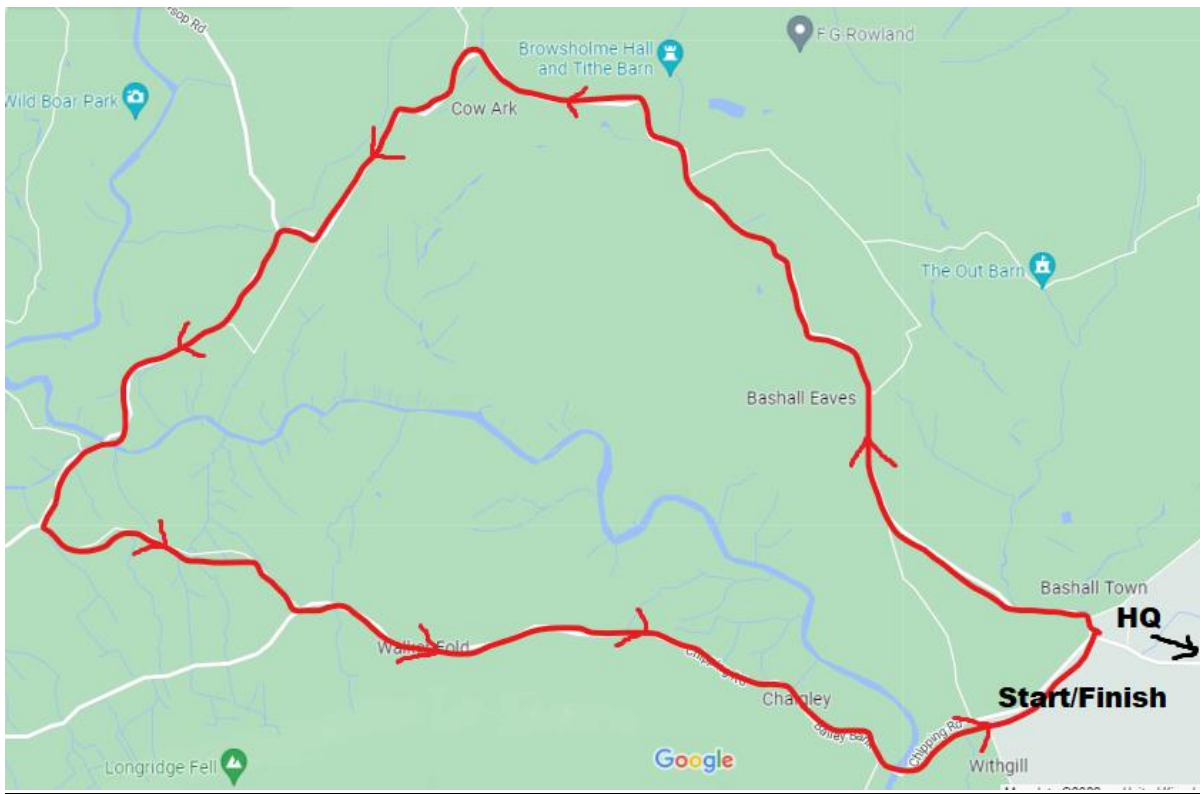
Route to Stage 1 from HQ



Stage 2

This is a 10 mile lap. Riders will be briefed at HQ and roll out to the start of the race from there (neutralised section). The HQ address is Edisford Bridge, Primary School, Clitheroe, BB7 2LN - the same as Stage 1

Route map stage 2



Stage 3

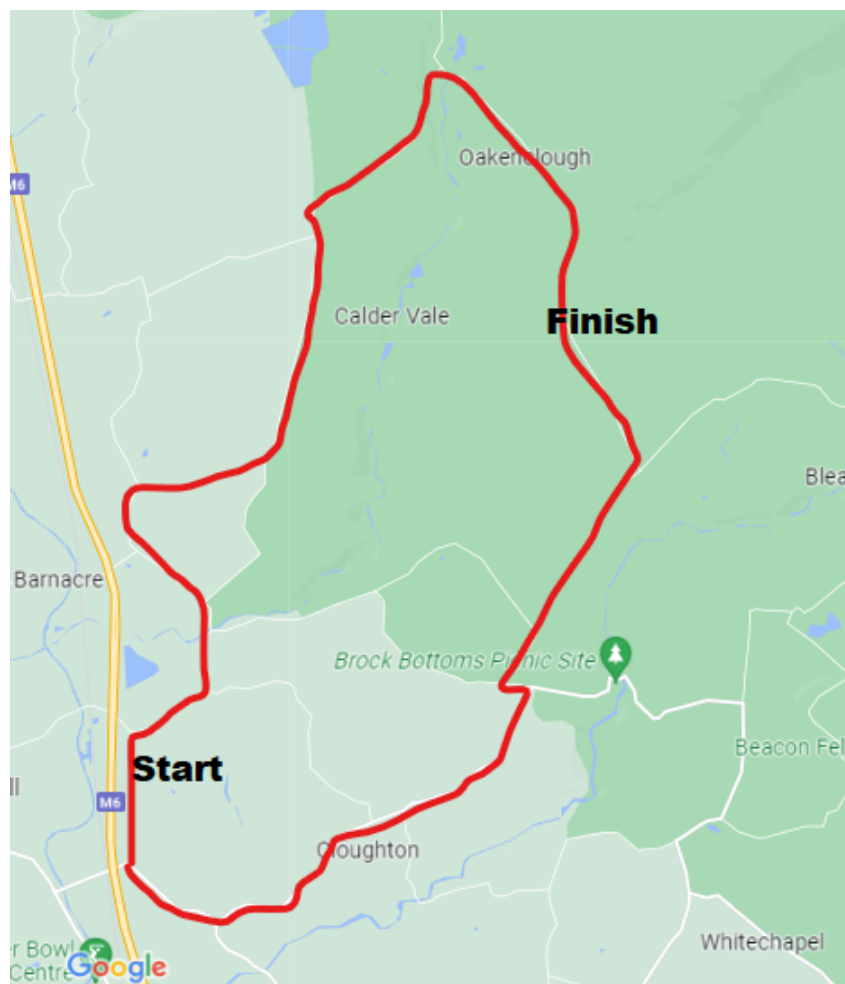
The address for HQ is Garstang community Academy, Preston, PR3 4YE

What 3 words [///chess.frogs.yoga](http://chess.frogs.yoga)

This is approximately 3 miles from the event start so again riders will be briefed at HQ then rolled out to the start (neutralised section).

What 3 words address of the finish line [///decisive.conquests.amending](http://decisive.conquests.amending)

Route map stage 3



Parking at the finish line is restricted to officials vehicles only. There will be live timing running throughout the event. If you are intending to be in the feed zone please consider cycling or sharing cars

Time trial start times

These must be adhered to if you are late for any reason time penalties will be applied. Any rider failing to present in good time for their gear check and start time may be penalised please be at the start at least 10 minutes before your time. Please pay attention to the map and direction to the start.

Men: TT start times					
09:31	41	Cameron	Adam	Spokes Racing Team	3rd
09:32	42	Callum	Watson	Shibden CC	3rd
09:33	43	John	Bardsley	Innovation Racing	2nd
09:34	44	Alex	Beldon	Fensham Howes - MAS Design	2nd
09:35	45	Alasdair	Baillie	Spokes Racing Team	3rd
09:36	46	Luke	Brennan	BCC Race Team	2nd
09:37	47	Matthew	Brennan	Fensham Howes - MAS Design	2nd
09:38	48	Joe	Brookes	Halesowen A & CC	3rd
09:39	49	Matthew	Brown	Elitecycling Junior Team	2nd
09:40	50	Jacob	Bush	Fensham Howes - MAS Design	2nd
09:41	51	Arlo	Carey	LVC Racing	3rd
09:42	52	Sam	Chisholm	The Cycling Academy	3rd
09:43	53	Harry	Codd	Cero - Cycle Division Racing Team	2nd
09:44	54	Niall	Colquitt	Utmost IOM Junior Cycling Team	3rd
09:45	55	George	Cottrell	Poole Wheelers CC	2nd
09:46	56	Cai	Curtis-Roberts	Rhyl Cycling Club	2nd
09:47	57	Conal	Davidson	Spokes Racing Team	2nd
09:48	58	Jude	Davison	Cog Set Papyrus Racing Club	2nd
09:49	59	Mattie	Dodd	Backstedt Bike Performance JRT	2nd
09:50	60	Finn	Dunton	trainSharp Development Team	2nd
09:51	61	Samuel	Edgar	Johnstone Wheelers Cycling Club	3rd
09:52	62	Archie	Ellen	The Cycling Academy	2nd
09:53	63	Harry	Ellison	Shibden Cycling Club	3rd
09:54	64	Matthew	Ellmore	Otley CC	3rd
09:55	65	Archie	Fletcher	Innovation Racing	3rd
09:56	66	Ben	Flatau	Elitecycling Junior Team	2nd
09:57	67	Ben	Etherington	Manilla Cycling	2nd
09:58	68	Alexander	Foster	Innovation Racing	2nd
09:59	69	Keir	Gaffney	Spokes Racing Team	2nd
10:00	70	Dan	Galpin	Bourne Whls CC	2nd
10:01	71	Jacob	Gilkes	Bridgenorth Cycling Club	2nd

10:02	72	Harry	Garfield	Peterborough Cycling Club	3rd
10:03	73	Alex	Galpin	Bourne Whls CC	2nd
10:04	74	Josh	Golliker	trainSharp Development Team	1st
10:05	75	Mathew	Cole	BCC Race Team	2nd
10:06	76	Nathan	Hardy	Tofauti Everyone Active	2nd
10:07	77	Maxwell	Hereward	360cycling	2nd
10:08	78	Piers	Higginson	VC Londres	3rd
10:09	79	Christopher	Hilbert	Clancy Briggs Cycling Academy	3rd
10:10	80	Sam	Hodge	trainSharp Development Team	2nd
10:11	81	Ralf	Holden	Utmost IOM Junior Cycling Team	3rd
10:12	82	Sam	Hollis	Cafe Dromedario-Flotamet	2nd
10:13	83	Dylan	Humber-Kelly	JRC-INTERFLON Race Team	2nd
10:14	84	Deetray	Jarrett	Green Jersey CC	3rd
10:15	85	Seth	Jones	Cero - Cycle Division Racing Team	2nd
10:16	86	Kyle	Jones	trainSharp Development Team	3rd
10:17	87	Lucas	Jowett	FlandersColor Galloo	2nd
10:18	88	Patrick	Kilcullen	Manilla Cycling	3rd
10:19	89	Elijah	Kwon	The Cycling Academy	2nd
10:20	90	Benjamin	Leroy	JRC-INTERFLON Race Team	2nd
10:21	91	Griff	Lewis	FlandersColor Galloo	2nd
10:22	92	Mark	Lightfoot	Tofauti Everyone Active	2nd
10:23	93	Jamie	Liversidge	Deeside Thistle CC	3rd
10:24	94	Benjamin	Livesey	Cog Set Papyrus Racing Club	3rd
10:25	95	Zak	Machin	Cero - Cycle Division Racing Team	2nd
10:26	96	Finn	Mason	The Cycling Academy	2nd
10:27	97	Cormac	McConville	Spokes Racing Team	3rd
10:28	98	Ethan	Fowler		3rd
10:29	99	Finn	McHenry	The Cycling Academy	2nd
10:30	100	Fred	Meredith	Holohan Coaching Race Team	2nd
10:31	101	Joseph	OBrien	FlandersColor Galloo	2nd
10:32	102	Tomos	Pattinson	Halesowen A & CC	2nd
10:33	103	Callum	Salisbury	Utmost IOM Junior Cycling Team	3rd
10:34	104	Jed	Smithson	Fensham Howes - MAS Design	1st
10:35	105	James	Scott	Utmost IOM Junior Cycling Team	2nd
10:36	106	George	Stephen	Cero - Cycle Division Racing Team	2nd
10:37	107	Angus	Stoneham	Beaconsfield Cycling Club	2nd
10:38	108	Joshua	Tarling	Wales Racing Academy	1st

10:39	109	Rhys	Thomas	Maindy Flyers CC	2nd
10:40	110	Jamie	Thomson	Spokes Racing Team	3rd
10:41	111	Benjamin	Tuchner	TEKKERZ CC	2nd
10:42	112	Luca	Unwin	Lee Valley Youth Cycling Club	2nd
10:43	113	Zachary	Walker	Utmost IOM Junior Cycling Team	2nd
10:44	114	Felix	Whetter	Mid Devon CC	2nd
10:45	115	Thomas	White	Cero - Cycle Division Racing Team	2nd
10:46	116	Sacha	White	WORX Factory Racing	3rd
10:47	117	Corey	Whiteford	The Cycling Academy	2nd
10:48	118	Ben	Wiggins	Fensham Howes - MAS Design	2nd
10:49	119	Joseph	Wilson	Cog Set Papyrus Racing Club	2nd
10:50	120	Thomas	Wisdish	Spokes Racing Team	3rd

Women: TT start times

11:01	J	1	Bethany	Bennett	JRC-INTERFLON Race Team	2nd
11:02	J	2	Tallulah	Butcher	Lee Valley Youth Cycling Club	3rd
11:03	J	3	Niamh	Campbell Williams	JRC-INTERFLON Race Team	3rd
11:04	J	4	Eve	Davies-Heywood	Innovation Racing	3rd
11:05	J	5	Lotty	Dawson	Backstedt Bike Performance JRT	2nd
11:06	J	6	Freya	Eccleston	Brother UK-Orientation Marketing	3rd
11:07	J	7	Freya	Evans	Cero - Cycle Division Racing Team	3rd
11:08	J	8	Hebe	Pickering		
11:09	U23	9	Lucy	Gadd	Storey Racing	1st
11:10	U23	10	Gabriella	Homer	Saint Piran WRT	1st
11:11	J	11	Emma	Jeffers	Jadan - Vive le Velo	1st
11:12	J	12	Daphne	Jones	RR23	3rd
11:13	J	13	Georgia	Lancaster	Sleaford Wheelers Cycling Club	3rd
11:14	J	14	Amy	Loftus	JRC-INTERFLON Race Team	2nd
11:15	U23	15	Lotta	Mansfield	RFDA	3rd
11:16	J	16	Matilda	McKibben	Liv Cycling Club - Halo Films	2nd
11:17	J	17	Issy	McKinnon	Dolan Ellesse Race Team	3rd
11:18	U23	18	Elizabeth	McKinnon	Tofauti Everyone Active	3rd
11:19	J	19	Amy	Mourne	RFDA	3rd
11:20	J	20	Niamh	Murphy	Liv Cycling Club - Halo Films	2nd
11:21	J	21	Holly	Ramsry	Brother UK-Orientation Marketing	2nd
11:22	J	22	Awen	Roberts	Liv Cycling Club - Halo Films	1st

11:23	J	23	Eilidh	Shaw	Tofauti Everyone Active	1st
11:24	U23	24	Libby	Smithson	AWOL Worx Galliard	2nd
11:25	U23	25	Anya	Tamplin	Storey Racing	2nd
11:26	U23	26	Kate	Taylor	360cycling	2nd
11:27	U23	27	Maisy	Vasic	AWOL- OShea	3rd
11:28	U23	28	Lydia	Watts	AWOL Worx Galliard	2nd
11:29	J	29	Evie	White	Deeside Thistle CC	2nd
11:30	J	30	Freya	Whiteside	RFDA	3rd
11:31	J	31	Morven	Yeoman	Tofauti Everyone Active	2nd
11:32	J	32	Hannah	McCloreay	RFDA	3rd
11:33	J	33	Amelia	Southall	AWOL Worx Galliard	3rd
11:34	J	34	Ella	Jamieson	Liv Cycling Halo Fims	2nd

Hospitals

The closest Hospitals to the event are as follows:

Royal Blackburn Hospital A&E
 Haslingden Road,
 Blackburn
 BB2 3HH

Royal Preston A&E
 Sharoe Green Lane,
 Fulwood,
 Preston
 PR2 9HT